



After 4 years of experiences with this laser therapy, I must confess that the therapy is effective for a range of sport injuries, best results of laser treatment when started immediately after the injury. This treatment is very popular thanks to lowering the swelling, Anti-inflammation and acceleration of the healing process

Age 41 years man - Deployment of the shoulder after skiing accident

4 hours post injury an shoulder reposition of shoulder joint performed and treatment by B Cure laser + analgesics. Day 1 - every 3 hours for 6 minutes at 3 locations around the shoulder joint
Day 2-5 - every 3 hours for 8 minutes at 3 locations around the shoulder joint
Day 6-7 - 3 x daily for 3 x 8 min
Day 7-14 - 2 x daily for 3 x 8 min
Health improvement improved after 7 days, returning to sports activities within 2 weeks of treatment.

Age 39 years woman – Injury during squash /Laesio MM genus I.sin gr III/

Patient declined the proposed surgical treatment.
Th - application of Mesocain and Guna Knee to the knees 4 x in 2 weeks together with B Cure laser treatment:
Day 1 - every 3 hours for 6 minutes at 3 places around the knee
Day 2-5 - every 3 hours for 8 minutes at 3 places around the knee
Day 6-7 - 3 x daily for 3 x 8 min
Day 7-14 - 2 x daily for 3 x 8 min
Improvement of the state of health, reduction of swelling and pain after 7 days, returned to sporting activities within 2 weeks with knee orthosis.

Age 58 years man - Dg - Carpal Tunnel Syndrome

Th - steroid application 2 x
Treatment B Cure Laser 3 x daily for 6-8 min
Relief of pain and swelling after 5 days of treatment, continuation of treatment 2 x daily 6-8 min.
Currently, the patient uses the laser for a transient deterioration. No surgery, so far.

Age 45 years woman with suffering with headache and pain of Cervical spine with negative MR

Recommended use of B Cure Laser 3 times daily from both sides of the cervical spine and myorelaxation 3 x daily
Health improvement after 7 days.

Age 23 years Football player - Arthroscopy for meniscal tearing

Day 1 post-operative laser treatment
Day 1 - every 3 hours for 6 minutes at 3 places around the knee
Day 2-5 - every 3 hours for 8 minutes at 3 places around the knee
Day 6-7 - 3 x daily for 3 x 8 min
Day 7-14 - 2 x daily for 3 x 8 min
The use of B Laser Cure significantly shortened the recovery period and return to the football field.

After 4 years of experience with B Cure Laser as a doctor I can highly recommend to use laser therapy for all sports injuries and also for Chronic pains of muscles and joints, skin problems of inflammatory etiology, herpes simplex, treatment of acne and postoperative wounds, Headache caused by cervical syndrome, Diabetics foot - ulcus cruris and after dental surgery

The main advantage is that it is a home-based laser treatment. Home therapy streamlines and accelerates the healing process and saves time.

Gavornikova Dagmar, MD
Chairman
Slovak Maccabi Organisation